

Tour of the Chartreuse

France

Code : FRALP0007

Self-Guided Walking Tour

7 days • 6 nights • Nothing to carry • Level : 3 / 5



The Chartreuse massif rises its remoted peaks from one another above magnificent forests. Passing the famous Granier Pass, dominated by the mountain of the same name, you enter in the heart of the Chartreuse Regional Nature Park. The relief of this Pre-Alps massif offers a mosaic of the most varied landscapes: forests, torrents, cliffs, villages huddled in the hollow of clearings and valleys, high perched alpine pastures. From the summits to the magical discovery of the Monastery of the Grande Chartreuse, the beauty of the Alpine pastures, the Valley of Entremonts: no doubts, there is a typical atmosphere in Chartreuse. Rich in its historical, artisanal and cultural heritage, the Chartreuse massif enchants the most curious hikers in the best conditions of comfort.

Highlights

- The discovery of the Chartreuse Natural Park, with its most beautiful sites
- A massif preserved from the crowds of hikers
- The ascent of Chamechaude, the highest point of the Chartreuse
- The visit of La Correrie, museum of the Monastery de la Grande Chartreuse

To book this tour, write to info@grandangle.fr or dial **+33 476 952 300**

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SUMMARY



Picturesque paths offer wonderful observation points over this beautiful region. We invite you to discover amazing landscapes with accessible mountain summits.

This hike is ideal to discover our comfort option with low elevations and a wide variety of stages, in a preserved environment. Your luggage is transferred, and you find it every evening at your accommodation. Just carrying a backpack with your clothes for the day and lunch allows you to fully enjoy this trip.

ITINERARY

D1 • Saint Pierre d'Entremont

Arrival by the end of afternoon at St Pierre d'Entremont in hotel or B&B. You receive your travel pack which includes IGN maps, a description of the trip, and a voucher for the visit of the Correrie museum.

Overnight in a hotel or B&B in Saint Pierre d'Entremont.

D2 • Le Cirque de Saint Mème

First day to discover Cirque de St Mème. Our itinerary runs alongside the river where you will see splendid waterfalls. The river cuts St Pierre d'Entremont in 2 villages, one in Isère, the other one in Savoie. It used to be the border that splits 150 years ago France and Savoie.

12 km, 4h walk, +500 m, -500 m.

Overnight in a hotel or B&B in Saint Pierre d'Entremont.

D3 • Saint Pierre d'Entremont – Le Vallon du Guiers Mort

Transfer to La Ruchère (1130 m). Little ascent to the pass of Col de La Ruchère (1407 m), gate of the silence zone of the Monastery de la Grande Chartreuse. You go down to La Chapelle de Notre Dame de Casalibus and Saint Bruno, built on the site of the first monastery. The itinerary continues along the west part of the Grand Som, above the monastery and offers good lookout perspectives. You visit the Museum de La Correrie (which gives you an idea of the austere way of life of the "Chartreux") and get to Vallon du Guiers Mort.

13 km, 5h walk, +600 m, -860 m.

Overnight in a B&B 3 Epis in le Vallon du Guiers Mort.

D4 • Le Vallon du Guiers Mort – Le Sappey en Chartreuse

Your day starts with the crossing of the St Pierre de Chartreuse village before going to the church of Saint Hugues (880m). You cross the little hamlets of St Pierre de Chartreuse and cross the forest to the Chalets de l'Emeindras (1427 m) at the bottom of Chamechaude (2082m), peak of the Chartreuse. You will end your day in le Sappey en Chartreuse

16 km, 5h30 walk, +810 m, -700 m.

Overnight in a B&B 3 Epis in le Sappey en Chartreuse.

D5 • Le Sappey en Chartreuse – Chamechaude – Le Sappey en Chartreuse

A full day to climb Chamechaude (2082 m), peak of the Chartreuse. The panoramas are superb over the entire massif. You may also probably see "chocard" (a bird) with a yellow beak, a typical bird that is mainly encountered on the summits. The day after, your host will drive you to Col de Porte to continue your hike.

11 km, 5h30 walk, +1100m, -790m or 5 km, 3h00 walk, +610m, -300m.

Overnight in a B&B 3 Epis in le Sappey en Chartreuse.

D6 • Le Col de Porte – Saint Pierre de Chartreuse

Your day starts with an ascent in the forest to the alpine pasture of Charmant Som (1670 m). Descent in limestone slab of Charmant Som. On the way down you will have plenty of views over St Pierre de Chartreuse valley. This village is one of the most wooded in France.

18 km, 6h walk, +650m, -1090m.

Overnight in a bed and breakfast 3 Epis at Saint Pierre de Chartreuse.

D7 • Saint Pierre de Chartreuse – Saint Pierre d'Entremont

After a climb in the forest, you will walk along a wonderful balcony route above the Vallon du Guiers Mort leads to the Col de la Saulce (1481 m). Your descent will take you to the hamlets of the Entremonts valley.

You end your tour at your accommodation in St Pierre d'Entremont, where you will find your luggage. End in afternoon.

15 km, 5h30 walk, +740m, -970m.

Route changes

Sometimes we must make slight changes to the outlined itinerary and program as local condition can change due to the weather or to the non-availability of our usual hotel or guesthouse, or in case the authorities forbid the use of a path. Be sure that changes are always done in your interest, for your safety and a better comfort.

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DETAILS

All the information provided, which does not relate directly to that which is included in the price of the trip, must be checked and Grand Angle cannot be held responsible for any inaccuracies in the supplementary information provided.

Level 3 / 5

Average to good walker: you must be in a good shape. There are no particular technical difficulties, but some stages are long. From 5 to 7 hours walking per day, +500 m to 1100 m per day.

Luggage

You only need to carry a backpack for the day with the necessary for your hike and the packed lunch. Your luggage will be transported by vehicle.

Transfers

A transfer is organized by us on Day 3 at 9 a.m.

Group size

From 2 people.

Duration

7 days, 6 nights, 6 days of walking.

Travel documents

This is a self-guided trip. You will have no guide with you. We take care of the booking of hotels and luggage transportation. You will be given a travel pack with digital maps and road books, vouchers for the hotels. All the documents will be delivered to your first accommodation.

Comfort

► Accommodation

Hotel and bed and breakfast in double/twin bedrooms.

► Catering

Breakfasts are included and taken at the hotel. Lunches are not included but you can order your picnic at the hotels when you arrive. Please let us know at the booking if you have allergy or if you need a special diet; we will do our best to adapt your meals.

Start / End

► Start

The D1 in afternoon in Saint Pierre d'Entremont.

► End

The D7 in afternoon after the hike in Saint Pierre d'Entremont.

Departure and price

Departure date at your convenience from mid-May to beginning of October depending on the availability of accommodations.

You may need to hike to the Cirque de St Even, scheduled for day 2, at the end of your stay on your return to St Pierre d'Entremont.

It is best to register as early as possible. Places in the accommodations are limited. If you have several possible departure days, please let us know when registering.

Period		Price per person
From	To	
15/05/2021	05/07/2021	638 €
06/07/2021	15/08/2021	668 €
16/08/2021	31/10/2021	638 €

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► The price includes

- 6 nights accommodation in half-board
- luggage transportation
- the entrance to the museum of the Monastery of the Grande Chartreuse
- the travel documents
- IGN card loan
- transfer on day 3

► The price does not include

- drinks
- lunches (except option)
- other transfers
- insurance
- registration free
- everything that is not indicated in "Prices includes"

► Options, extra and discounts

- Supplement for single room
- Picnic option
- Extra night in half board at St Pierre d'Entremont

PRACTICAL INFORMATION

Getting there

► By plane

Airport Lyon Saint Exupéry : www.lyonaeroports.com

Regular bus to Chambéry : www.altibus.com

Train from train station Lyon Saint Exupéry to Chambéry : about 2h with connection in Grenoble.

You can check the timetables and prices on <https://www.oui.sncf/>

► By train

Train station Chambéry TGV.

And bus connection from Chambéry bus station to St Pierre d'Entremont (about 1 hour). You can check the timetables on www.mobisavoie.fr. Line C4 Belle Savoie Express.

► By car

Check your itinerary on <https://www.viamichelin.fr/>

► Park the car

You can leave it at your first accommodation.

Carpooling

You can pool your means of transport by carpooling. Check on [BlaBlaCar](https://www.bla-bla-car.com).

Swimming

Several our trips offer many opportunities for swimming, during or at the end of the day. It would be a shame not to take advantage of them. However, we would like to point out that you are swimming at your own risk.

Travel report

Would you like to share your best moments of the trip and share your experiences with other travelers? Send us your stories and photos that represent your experiences, and we will publish them for you on our blog.

WHAT TO PACK

Equipment

For Hiking

- Walking boots which have a thick sole and a waterproof membrane.
- Woollen socks
- A thick jumper or a polar fleece
- Comfortable walking trousers
- A pair of shorts, t-shirts
- A light cotton long-sleeved shirt
- Bathing suit
- A large plastic bag
- Hiking sticks
- Headlight
- Gloves and hat

For Your Lunch Time Picnic

- Plastic bowl, plate or box
- Cutlery (knife, fork, spoon)
- 2-liter water bottle (compulsory)

To Protect You from The Elements

- Sunglasses and sun cream
- Cap or sunhat
- A windbreaker, a waterproof poncho, or a "Gore-Tex" jacket
- A woolly hat

Clothes

- A pair of light shoes for the evening - if these are trainers these could be used as a backup for your walking shoes if they begin to rub or get very wet – these cannot however replace your walking shoes!
- Changes of clothing
- Light sleeping bag
- Bag of toiletries (mini)
- First-Aid Kit: medication, plasters, masks, hydroalcoholic gel, '2nd skin' dressing, disinfectant, arnica, and aspirin tablets in case of any minor injuries... (Although we suggest bringing all of this, don't worry, your first-aid kit will most likely come back unused, but it's always better to be safe than sorry)
- Swimsuit, it is often possible to bathe

Luggage

- A 40L or 50L backpack to carry your picnic and personal belongings during the day
- Your main piece of baggage: a travel bag in good condition (**weight limit: 10kg**).

PRACTICAL INFORMATION

Country

France

Formalities

► Identity card

Identity card or valid passport.

► Health

Social security card and your usual pill.

Useful addresses

Parc Naturel de la Chartreuse : <http://www.parc-chartreuse.net/>

Office de Tourisme de St Pierre d'Entremont : Maison Intercommunale, 73 670 ST PIERRE D'ENTRIMONT, Phone : + 33 4 79 65 81 90.

Office de Tourisme de Le Sappey en Chartreuse : Le Bourg, 38 700 LE SAPPEY EN CHARTREUSE, Phone : + 33 4 76 88 84 05.

Maps

Map 1 / 50 000, édition Didier Richard : "Chartreuse-Belledonne-Maurienne"

Map Top25 IGN 3334 OT Massif de Chartreuse Sud

Map Top25 3333 OT Massif de Chartreuse Nord

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