

Tour of the Oisans

France

Code: FRALP0044

Self-guided tour

8 days • 7 nights • luggage transported (excepted 1 night) • Level 4 / 5



The largest French National Park, Parc des Ecrins, a magical name, with legendary summits: Meije Les Agneaux, the Barre des Ecrins, but also villages with typical mountain architecture. One of the wildest and most beautiful GR.

Highlights

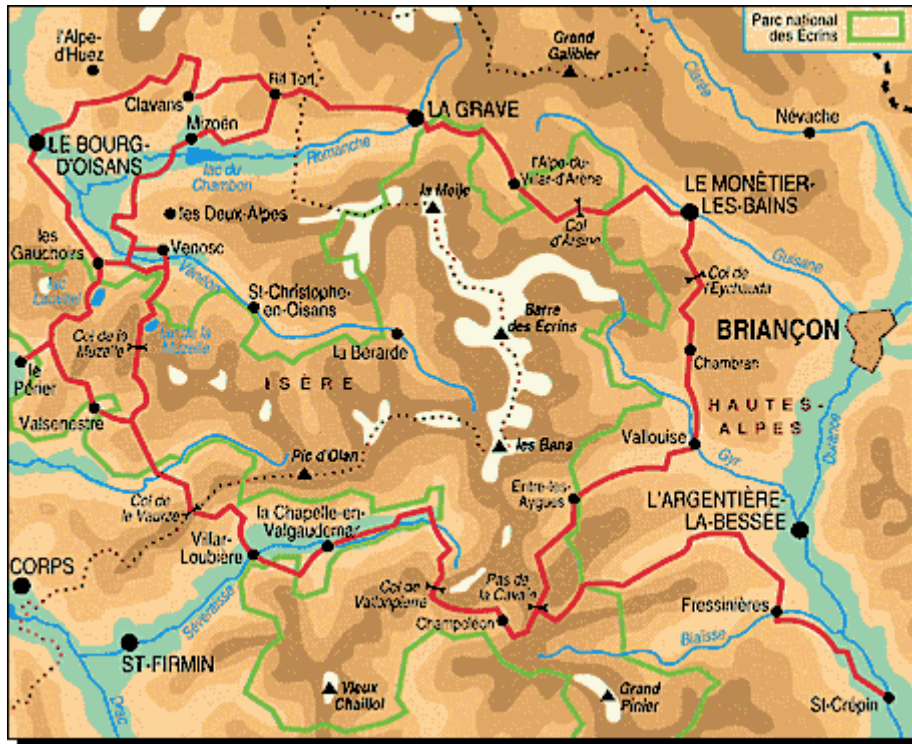
- Beautiful landscapes, a wonderful look at nature and mountain
- The pleasure of hiking without the weight of the bag

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SUMMARY

This hike goes around the famous massif of the Oisans. From the plateau of Emparis, a balcony path over the Meije to the pass of Muzelle, you will at least cross one pass per day. You will discover the Aghaux, Pelvoux and the Ecrins, legendary summits.

The landscape is constantly renewed, where marmots, chamois, ibex, golden eagles and black grouse have chosen to live for the delight of hikers.



To book this tour, write to info@grandangle.fr or dial +33 476 952 300

ITINERARY

D1 • Arrival in Besse en Oisans

It's a small mountain village at 1550m high.

Overnight in half board in a cottage.

D2 • Besse en Oisans – La Grave

Your day starts with the ascent and crossing of the plateau of Emparis (2365m): one of the most beautiful plateau in the Oisans, beautiful view over the Meije ! Descent to the village of La Grave, the capital of mountaineering, you will pass by the village of Chazelet. Diner and overnight in a cottage.

6 h 00 walk. + 900 m, - 900 m.

Overnight in half board in a cottage.

D3 • La Grave – Monetier les Bains

Short transfer to the Pont d'Arsine, 1667m.

Then you will reach Le Casset (1550m) by the Pas d'Anna Falque, the sources of Romanche and the pass of Arsine (2340m). The panorama over the mountains of Agneux is beautiful, it rises at 3664m and you will have the opportunity to see plenty of marmots. A little tour by the glacier lake of Arsine, 2455m and descent among larches to the village of Casset, and to the village of Monétier les Bains. Dinner and overnight in a cottage.

6 h 30 walk. + 800 m, - 985 m.

Overnight in half board in a cottage.

D4 • Monetier – Vallouise

Pass of Eychauda (2425m) or the pass of Grangettes (2684m), interesting alternative, wilder than the GR, it passes by a beautiful lake. The day continues with a long descent to the valley of Pelvoux and to the beautiful village of Vallouise, opened on the Ecrins, the Pelvoux and Bans. Diner and overnight in a cottage.

By the pass of Eychauda: 7 h walk, +100m, -1250m

By the pass of Grangettes and the lake of Eychauda: 7h45 walk, +1250m, -1485m (difficult)

Overnight in half board in a cottage.

D5 • Vallouise – Champoléon

Transfer by bus (10km) to Entre les Aigues, and the stage continues to Champoléon to the beautiful cottage of Chaumette, 1790m, you will cross the pass of Aulp Martin (2761m). Diner and overnight in a cottage.

7h30 walk, +1150m, -970m.

You carry your belongings for the night, you will get the rest of your luggage on the evening of Day 6.

Overnight in half board in guarded refuge.

D6 • Champoléon – Villard Loubière

You will cross 3 passes: La Valette, 2668m, Goiran, 2597m, Vallompierre, 2607m. A superb stage with beautiful views over the wild summits of Sirac 3441m, Chabournéou 3248m and Joselme 3458m. Descent by the refuge of Vallompierre on the shores of a little lake, the hut of Surette and towards the valley of Valgaudemar. Short transfer to Villard Loubière. Diner and overnight in a cottage.

7h30 walk, +1200m, -1360m

Overnight in half board in a cottage.

D7 • Villard Loubière – Le Désert en Valjouffrey

Crossing of the pass of La Vaurze (2500m) with views over the Olan summit and the Pic des Souffles. The desert of Valjouffrey (1267m) is one of the wildest valleys in the Oisans. Even if it is inhabited there are no more cottages in this valley, you will be transferred with a private bus to Valsenestre (13215m), a beautiful village with stone and wooden houses.

7h walk, +1450m, -1235m

Overnight in half board in a cottage.

D8 • Valsenestre - Venosc

It is the last day but a beautiful one, you will cross the pass of Muzelle (2693m, open your eyes, eagles and ibex are not far!), panorama over the lake of Muzelle and descent to Venosc.

7h30 walk, + 1330m, -1670m

Route changes

Sometimes we must make slight changes to the outlined itinerary and program as local condition can change due to the weather or to the non-availability of our usual hotel or guesthouse, or in case the authorities forbid the use of a path. Be sure that changes are always done in your interest, for your safety and a better comfort.

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DETAILS

All the information provided, which does not relate directly to that which is included in the price of the trip, must be checked and Grand Angle cannot be held responsible for any inaccuracies in the supplementary information provided.

Level 4 / 5

Good to very good walker, 5h30 to 7h30 walk per day. A few snow-covered passes and schistose passes. Average positive ascent: 800m to 1450m.

Luggage transport

We offer you 2 choice for this trip:

With luggage transportation: you only carry your daily belongings and your picnic. You will get your luggage at your accommodation in the evening. **Except** on D5, you will carry your belongings for the night of day 5 to day 6.

Without luggage transportation: you carry all your belongings in your backpack for the duration of the tour.

Group size

From 2 people.

Duration

8 days, 7 nights, 7 hiking days.

Travel documents

This is a self-guided trip. You will have no guide with you. We take care of the booking of hotels and luggage transportation. You will be given a travel pack with digital maps and road books, vouchers for the hotels. All the documents will be delivered to your first accommodation.

Comfort

► Accommodation

Cottage and guarded refuges (little dormitory). You can shower every day.

► Catering

Dinner and breakfast are included. Please let us know at the booking if you have allergy or if you need a special diet; we will do our best to adapt your meals.

Star/ End

► Start

The D1 in Besse en Oisans.

► End

The D8 in Venosc after the hike.

Departure and price

Departure date at your convenience from mid-July to the beginning of September.

With luggage transportation

Period		Rate per person	
From	To	2 - 3 people	4 - 7 people
12/07/2021	05/09/2021	1105 €	820 €
16/07/2022	03/09/2022	1115 €	835 €

Without luggage transportation

Period		Rate per person	
From	To	2 - 3 people	4 - 7 people
12/07/2021	05/09/2021	670 €	670 €
16/07/2022	03/09/2022	685 €	685 €

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► The price includes

- Half-board accommodation for 7 nights in a dormitory
- Luggage transportation (depending on the option chosen) except for the night of D5
- Travel documents
- Internal transfers
- Tourist tax

► The price does not include

- Drinks
- Lunches
- The shuttle on D5 (about 8 € to be booked the day before and paid on site)
- Luggage transfer on D5 (if you have chosen the luggage transfer option)
- Visits
- Other possible transfers
- Registration fees
- everything that is not in "the price includes".

► Options, extras and discounts

- extra night in Besse en Oisans in a dormitory with half board: 62 €
- D1 transfer from Bourg d'Oisans to Besse en Oisans : 70 € per vehicle from 1 to 4 person
- D8 transfer from Venosc (Bourg d'Arud) to Besse en Oisans : 100 € per vehicle from 1 to 4 person

- D8 transfer from Venosc (Bourg d'Arud) to Bourg d'Oisans : 80 € per vehicle from 1 to 4 person

PRACTICAL INFORMATION

Getting there

► By train

Outward journey : train TGV Paris Grenoble, then regular buses to Bourg d'Oisans, line 3000 (the bus station is next to the train station) <http://www.transisere.fr/>

Bourg d'Oisans / Besse en Oisans : Taxi des 6 Vallées 06 84 82 19 51, we can book it for you. To be booked at registration.

Return trip : regular bus from Venosc to Bourg d'Oisans (except on Sundays), line 3040 <https://www.transisere.fr/> ; or possibility of a taxi transfer from Venosc (Bourg d'Arud) to Besse en Oisans to be booked at registration.

Or transfer from Venosc (Bourg d'Arud) to Bourg d'Oisans to be booked at registration.

Regular bus from Bourg d'Oisans to Grenoble, then TGV Grenoble Paris <http://www.transisere.fr/>

► By car

From the north, highway A41 or A48 to Grenoble. From the south, A51 to Grenoble. From Grenoble, road N85 to Vizille then D1091 to Bourg d'Oisans. Check your itinerary on ViaMichelin.

► Park the car

You can leave it in Besse en Oisans near the gîte or in Bourg d'Oisans (then transfer by taxi to Besse).

Carpooling

You can pool your means of transport by carpooling. Go to [BlaBlaCar](#).

Swimming

Several of our trips offer many opportunities for swimming, during or at the end of the day. It would be a shame not to take advantage of them. However, we would like to point out that you are swimming at your own risk.

Travel report

Would you like to share your best moments of the trip and share your experiences with other travelers? Send us your stories and photos that represent your experiences and we will publish them for you on our [blog](#).

WHAT TO PACK

To carry your things:

- A 40L backpack to carry your picnic and personal belongings during the day - Your main piece of baggage: a travel bag in good condition (**weight limit: 15kg**).

For Hiking:

- Walking boots which have a thick sole and a waterproof membrane.
- Woollen socks
- A thick jumper or a polar fleece
- Comfortable walking trousers
- A pair of shorts, t-shirts
- A light cotton long-sleeved shirt
- Bathing suit
- A large plastic bag
- Hiking sticks
- Headlight
- Gloves and hat

For Your Lunch Time Picnic:

- Plastic bowl, plate or box
- Cutlery (knife, fork, spoon)
- 2 litres water bottle (**compulsory**)

To Protect You from The Elements:

- Sunglasses and sun cream
- Cap or sunhat
- A windbreaker, a waterproof poncho, or a 'Gore-Tex' jacket - A woolly hat

For the Evening:

- A pair of light shoes for the evening - if these are trainers these could be used as a backup for your walking shoes if they begin to rub or get very wet – these cannot however replace your walking shoes! - Light sleeping bag
- Changes of clothing
- Tissues and toilet paper
- Bag of toiletries
- First-Aid Kit: medication, plasters, '2nd skin' dressing, masks, hydroalcoholic gel, disinfectant, arnica and aspirin tablets in case of any minor injuries... (Although we suggest bringing all of this, do not worry, your first-aid kit will most likely come back unused, but it's always better to be safe than sorry)

PRACTICAL INFORMATION

Formalities

► Identity card

Identity card or valid passport.

Usefull adress

- Maison du Parc National des Ecrins, secteur de l'Oisans, BP47, 38520 Bourg d'Oisans, tél 04 76 80 00 51
- Office de Tourisme de Bourg d'Oisans : tél 04 76 80 03 25, fax 04 76 80 10 38

Maps

IGN, Série Top 25 au 1/25000^{ième}

3335 ET, 3336 ET, 3437 OT et 3437 ET, 3435 ET, 3436 ET



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